



apt. Ariska Deffy Anggarany, S.Farm., M.Farm.
Bekasi, Jawa Barat

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Profile

A long-life learner and lecturer who is passionate about research and delivering knowledge to society.

Area of Interest: pharmacology, Pharmacotherapy, clinical pharmacy, drug interaction, Infection Disease, Chemotherapy

Career

Universitas Pembangunan Nasional Veteran Jakarta / Head of the Development Team for the Pharmacist Professional Education Study Program – Professional Program
2025-present, Jakarta

- Supporting Head of Pharmacist Professional Education Study Program in day to day activity
- Ensure all activities in Pharmacist Professional Education Study Program is accordance with compliance and Faculty/ University Regulation

Universitas Pembangunan Nasional Veteran Jakarta / Lecturer
2023-present, Jakarta

- Design teaching process to deliver the most effective way to engage with student
- Engage in professional development concerning teaching, learning and assessment, including using an evidence-informed approach
- ensuring a commitment to the highest standards of ethics and integrity in Pharmacology and Clinical Pharmacy research
- Actively involved in research (personal/ group) related to medicines and herbal medicines and Present research at national and international conferences and other appropriate events.
- Delivering knowledge to society

Sekolah Tinggi Kesehatan Mitra Keluarga / Lecturer (Clinical Pharmacy Group)

2022-2023, Bekasi

- Design teaching process to deliver the most effective way to engage with student
- Engage in professional development concerning teaching, learning and assessment, including using an evidence-informed approach
- ensuring a commitment to the highest standards of ethics and integrity in Pharmacology and Clinical Pharmacy research
- Actively involved in research (personal/ group) related to medicines and herbal medicines and Present research at national and international conferences and other appropriate events.
- Delivering knowledge to society

Hermina Hospital Group / Pharmacist

2017-2020, Depok

- Responsible as Clinical Pharmacist
- Person in charge of the Hemostatic Drug Preparation Unit (Aseptic Dispensing and Cytostatic)

Education

Universitas Indonesia / Master of Pharmacy

2019-2021, Depok

Graduate of Pharmacy, Major of Clinical Pharmacy

Universitas Gadjah Mada / Apothecary

2016-2017, Yogyakarta

Graduate of Pharmacy, Major of Hospital Pharmacy

Universitas Gadjah Mada / Bachelor of Pharmacy

2012-2016, Yogyakarta

Graduate of Pharmacy, Major of Bachelor of Pharmacy

Publications and Proceedings

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- Pharmacological and phytochemical activity of Moringa oleifera L. extract on the male and female reproductive system: a scoping review. Borobudur Pharmacy Review 5 (1), 39-53, 2025.
 - Antioxidant potential of Clitoria ternatea (Clitoria ternatea), Rosella (Hibiscus sabdariffa), and Stevia (Stevia rebaudiana) flower infusions as antidiabetics. Mitra Kesehatan Journal 5 (2), 118-126, 2023.
 - Red onion (Allium ascalonicum L.) skin as an antibacterial on the growth of Staphylococcus aureus. Edubiotik: Jurnal Pendidikan, Biologi dan Terapan 8 (02), 70-79, 2023.
 - Microbial Contamination Test Using the Most Probable Number (MPN) Method on Sweet Soy Sauce. Journal of Research in Pharmacy and Pharmaceutical Sciences 3 (2), 70-76, 2024.
 - Education on the Importance of Clean and Healthy Living Behavior (PHBS) and the Use of Health Supplements for Elementary School Children at the Rumah Harapan Orphanage. Proceedings of the National Seminar on Community Service (SNPM), 41-51, 2023.
 - The Effect of Heparinoids as Systemic Prophylactic Anticoagulants on COVID-19 Patient Mortality and Its Safety Profiles: A Systematic Review and Meta-Analysis. Pharmaceutical Sciences and Research 8 (3), 4, 2021.

Laboratory or Research Experience

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- Optimization of Antioxidant Compound Extraction, Standardization, and In Vivo Preclinical Testing of Parijoto (*Medinilla speciosa*) Extract Using a Non-Alcoholic Fatty Liver Model
 - Evaluation of the Relationship between Knowledge Level and Rational Literacy of Self-Medication Practices in Health and Non-Health Study Program Students
 - Analysis of Public Knowledge Levels Regarding Monkeypox in the Pangkalan Jati Area, Depok
 - Safety Analysis of Coffee Milk: A Study of Microbial Contamination in Coffee Milk Products
 - Potential of Pumpkin Seeds as a Phytoestrogen in Postmenstrual Women

Publish Book

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- Clinical Pharmacy in Action, Bukuloka Literasi Bangsa
 - Farmasi Klinis: Seni Menyelaraskan Obat dengan Pasien, Bukuloka Literasi Bangsa
 - Immunologi Farmasi: Revolusi Vaksin dan Terapi Immunologi, Bukuloka Literasi Bangsa
 - Farmakologi Masa Kini, Bukuloka Literasi Bangsa
 - Farmakoterapi: Pendekatan Farmasi Dalam Penyakit Sistemik. Get Press Indonesia
 - Penggunaan Obat Off-Label Pada Anak: Konsep dan Resiko, Get Press Indonesia
 - Farmakologi Klinis Teori dan Aplikasi, Eureka Media Aksara